

Care CEUs

CPR: A Comprehensive Review

1. Which of the following statements is most accurate?

- A. The nervous system, the respiratory system and the cardiovascular system work independently to maintain the human body's supply of oxygen.
 - B. The nervous system, the respiratory system and the cardiovascular system work interdependently to maintain the human body's supply of oxygen.
 - C. The nervous system and the cardiovascular system work independently to maintain the human body's supply of oxygen.
 - D. The respiratory system and the cardiovascular system work alone to maintain the human body's supply of oxygen.
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2. One of the primary indications for CPR is sudden cardiac arrest.

- A. True
 - B. False
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3. Which of the following statements is most accurate?

- A. Chest compressions provide a means for artificial circulation, which can stimulate and maintain the functions of the cardiovascular system.
 - B. Chest compressions provide a means for artificial ventilation, which can stimulate and maintain the functions of the respiratory system.
 - C. Rescue breathing provide a means for artificial circulation, which can stimulate and maintain the functions of the cardiovascular system.
 - D. Rescue breathing provide a means for artificial circulation, which cannot stimulate and maintain the functions of the cardiovascular system.
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4. An individual, untrained in the administration of CPR, should perform compression-only CPR on unresponsive individuals suffering from cardiac arrest.

- A. True
 - B. False
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5. A nurse is administering CPR to a 48 year-old male patient. What should be the depth of the nurse's chest compressions?

- A. 2 - 2.4 inches
- B. 2 - 2.5 inches

- C. 2 - 2.6 inches
 - D. 2 - 2.8 inches
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6. A nurse discovers an unresponsive 42 year-old female patient. What should be the nurse's first action?

- A. Perform chest compressions at a rate of 100/minute
 - B. Perform chest compressions at a rate of 120/minute
 - C. Perform rescue breathing
 - D. Assess the patient and immediately activate emergency response systems
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7. The AED's electronic shock possesses the potential to stun the heart and stop all activity, with the exception of ventricular fibrillation.

- A. True
 - B. False
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8. When initiating the C-A-B sequence, individuals should begin by administering chest compressions at a rate of 100/minute - 120/minute.

- A. True
 - B. False
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9. Which of the following statements is most accurate?

- A. A CPR administrator should deliver 30 chest compressions per 2 rescue breaths until emergency response personnel arrive with an AED
 - B. A CPR administrator should deliver 30 chest compressions per 1 rescue breath until emergency response personnel arrive with an AED
 - C. A CPR administrator should deliver 28 chest compressions per 2 rescue breaths until emergency response personnel arrive with an AED
 - D. A CPR administrator should deliver 28 chest compressions per 1 rescue breath until emergency response personnel arrive with an AED
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10. A CPR trained nurse discovers an unresponsive infant. The nurse confirms the infant is not breathing. What should be the nurse's next action?

- A. Activating the emergency response systems
 - B. Alert another nurse
 - C. Administer rescue breaths
 - D. Administer 2 minutes of CPR
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