

# Care CEUs

## Hand Hygiene and Infection Control

1. Which of the following statements is most accurate?

- A. Health care professionals should wash their hands with soap and water for a duration of 20 - 30 seconds when they are visibly dirty or visibly soiled.
  - B. Health care professionals should wash their hands with soap and water for a duration of 40 - 60 seconds when they are visibly dirty or visibly soiled.
  - C. Health care professionals should wash their hands with an alcohol-based handrub for a duration of 20 - 30 seconds when they are visibly dirty or visibly soiled.
  - D. Health care professionals should wash their hands with an alcohol-based handrub for a duration of 40 - 60 seconds when they are visibly dirty or visibly soiled.
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2. Health care professionals should engage in hand hygiene if moving from a contaminated body site to another body site during the care of the same patient.

- A. True
  - B. False
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3. Which of the following statements regarding hand hygiene is most accurate?

- A. Soap and an alcohol-based handrub should be used concomitantly before patient contact.
  - B. Soap and an alcohol-based handrub should be used concomitantly before handling medications.
  - C. Soap and an alcohol-based handrub should be used concomitantly before handling food.
  - D. Soap and an alcohol-based handrub should not be used concomitantly.
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4. Which of the following statements regarding hand hygiene using an alcohol-based formulation is most accurate?

- A. The duration of the entire procedure should last between 5 - 10 seconds.
  - B. The duration of the entire procedure should last between 10 - 15 seconds.
  - C. The duration of the entire procedure should last between 15 - 20 seconds.
  - D. The duration of the entire procedure should last between 20 - 30 seconds.
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5. Which of the following statements regarding surgical hand hygiene is most accurate?

- A. After the application of the alcohol-based handrub, health care professionals should allow their hands and forearms to dry thoroughly before donning sterile gloves.
  - B. After the application of the alcohol-based handrub, health care professionals should not allow their hands and forearms to dry before donning sterile gloves.
  - C. After the application of the alcohol-based handrub, health care professionals should dry their hands and forearms with paper towel for 20 seconds before donning sterile gloves.
  - D. After the application of the alcohol-based handrub, health care professionals should dry their hands and forearms with paper towel for 40 seconds before donning sterile gloves.
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6. Alcohol-based handrubs should not be located at the point-of-care.

- A. True
  - B. False
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7. A fellow health care professional has questions regarding C. diff. Which of the following points of interest should be expressed to the health care professional regarding C. diff.?

- A. C. diff is a virus.
  - B. C. diff cannot spread via infected surfaces.
  - C. Health care professionals should engage in handwashing with soap and water if the potential for C. diff is present.
  - D. Health care professionals should engage in hand hygiene with an alcohol-based handrub if the potential for C. diff is present.
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8. Which of the following statements is most accurate?

- A. Staphylococcus aureus is a type of virus.
  - B. Methicillin-resistant Staphylococcus aureus may not be transmitted via poor hand hygiene.
  - C. Staphylococcus aureus cannot spread via infected droplets.
  - D. Staphylococcus aureus may lead to skin infections.
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9. Which of the following statements is most accurate?

- A. When putting on a gown, a health care professional should make sure the gown completely covers his or her torso from the neck to the waist.
- B. When putting on a gown, a health care professional should make sure the gown completely covers his or her torso from the neck to the thighs.
- C. When putting on a gown, a health care professional should make sure the gown completely covers his or her torso from the neck to the knees.

**D. When putting on a gown, a health care professional should make sure the gown does not completely cover his or her torso.**

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**10. The use of gloves does not replace the need for hand hygiene by either handrubbing or handwashing.**

- A. True**
  - B. False**
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