

Care CEUs

Alzheimer's Disease Facts 2013

Overview of Alzheimer's Disease

1. Alzheimer's disease is the most common type of dementia and is ultimately fatal.

- A. True
 - B. False
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A Modern Diagnosis of Alzheimer's Disease Proposed New Criteria and Guidelines

2. The preclinical or presymptomatic stage reflects current thinking that Alzheimer's-related brain changes may begin _____ years or more before symptoms occur.

- A. 5
 - B. 10
 - C. 15
 - D. 20
-

Changes in the Brain That Are Associated with Alzheimer's Disease

3. How many neurons does a healthy adult brain have?

- A. 100 million
 - B. 1 billion
 - C. 100 billion
 - D. 1 trillion
-

4. During the development of Alzheimer's, there is an accumulation of beta-amyloid inside neurons and an accumulation of tau outside of neurons.

- A. True
 - B. False
-

Risk Factors for Alzheimer's Disease

5. Which apolipoprotein E form increases the risk of developing Alzheimer's disease, and of developing it at a younger age?

- A. epsilon 2
 - B. epsilon 3
 - C. epsilon 4
 - D. All of the above
-

6. A diet rich in vegetables and vegetable-based oils and low in saturated fats, along with physical activity may be associated with reduced Alzheimer's and dementia risk.

- A. True
 - B. False
-

Prevalence of Alzheimer's Disease and Other Dementias

7. Of those aged 65 and older, how many have Alzheimer's disease?

- A. 1 in 5
 - B. 1 in 9
 - C. 1 in 14
 - D. 1 in 48
-

8. Which group is about twice as likely to have Alzheimer's and other dementias when compared to older whites?

- A. Older African-Americans
 - B. Older Hispanics
 - C. Older Asians
 - D. None of the above
-

Incidence and Lifetime Risk of Alzheimer's Disease

9. By mid-century, someone in the United States will develop the disease every _____.

- A. 3 days
 - B. 9 hours
 - C. 5 minutes
 - D. 33 seconds
-

Mortality

10. Alzheimer's disease is officially listed as the _____ - leading cause of death in the United States.

- A. First
 - B. Fifth
 - C. Sixth
 - D. Twelfth
-

Public Health Impact of Deaths from Alzheimer's Disease

11. Between 2000 and 2010, deaths attributed to Alzheimer's disease increased by what percentage?

- A. 68%
 - B. 42%
 - C. 30%
 - D. 8%
-

Duration of Illness from Diagnosis to Death

12. By age 80, nursing home admission is expected for 75% of people with Alzheimer's compared with only 4% of the general population.

- A. True
 - B. False
-

Unpaid Caregivers

13. Sixty percent of "sandwich caregivers" have children under 18 years old living with them.

- A. True
 - B. False
-

14. A recent report from ADAMS found that family caregivers of people who were categorized as having dementia spent _____ hours per day providing help to their relatives.

- A. 12
 - B. 9
 - C. 4
 - D. 2
-

15. One study of end-of-life care found that 72% of family caregivers said they experienced relief when the person with Alzheimer's disease or other dementia died.

- A. True
 - B. False
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Paid Caregivers

16. While 73% of social workers have clients age 55 and older, only _____ % have formal certification in geriatric social work.

- A. 4
 - B. 15
 - C. 33
 - D. 48
-

Use and Costs of Health Care, Long-Term Care and Hospice

17. Medicare and Medicaid cover about 40% of the costs of care.

- A. True
 - B. False
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Use and Costs of Health Care Services

18. People with Alzheimer's disease and other dementias have more than _____ times as many hospital stays per year as other older people.

- A. 2
 - B. 3
 - C. 4
 - D. 5
-

Use and Costs of Long-Term Care Services

19. In 2011, the average cost of adult day services was \$_____ per day.

- A. 40
- B. 50
- C. 60

20. All nursing homes that provide care for people with Alzheimer's disease and other dementias are required to have separate Alzheimer's special care units.

- A. True
 - B. False
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Use and Costs of Hospice Care

21. In 2009, what percentage of all people admitted to hospices in the United States had a primary hospice diagnosis of Alzheimer's disease?

- A. 4%
 - B. 6%
 - C. 9%
 - D. 18%
-

Factors Influencing Geographic Separation

22. Children or parents living in which region of the United States tend to live farther from each other?

- A. Northern United States
 - B. Southern United States
 - C. Eastern United States
 - D. Western United States
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