

# Care CEUs

## Attention Deficit Hyperactivity Disorder (ADHD)

**1. ADHD may refer to a type of brain disorder which is marked by an ongoing pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development.**

- A. True
  - B. False
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**2. Which of the following symptoms may be most associated with the predominantly inattentive presentation state of ADHD?**

- A. Fidgety
  - B. Restless
  - C. Excessive talking
  - D. An inability to maintain focus
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**3. Which of the following statements is most accurate?**

- A. Individuals with ADHD typically have difficulty waiting their turn.
  - B. Individuals with ADHD are typically restless but they are often able to play or engage in leisure activities quietly.
  - C. Individuals with ADHD are typically fidgety but are always able to follow through on instructions.
  - D. The following ADHD symptom is only associated with individuals over the age of 40: often fails to give close attention to details or makes careless mistakes.
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**4. According to ADHD-related DSM-5 criteria, in order for an individual to be diagnosed with ADHD there must be clear evidence that ADHD symptoms interfere with, or reduce the quality of, social, academic, or occupational functioning.**

- A. True
  - B. False
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**5. A fellow health care professional has questions regarding ADHD. Which of the following informational points of interest should be communicated to the health care professional regarding ADHD?**

- A. Anxiety disorders are not typically associated with ADHD.

- B. Social isolation is not typically associated with ADHD.
  - C. Individuals with ADHD often avoid, dislike, or are reluctant to engage in tasks that require sustained mental effort.
  - D. Individuals with ADHD do not often interrupt or intrude on others.
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**6. Which of the following statements is most accurate?**

- A. Cognitive behavioral therapy may refer to a type of therapy that works to improve upon individuals' social skills such as: making eye contact, greetings, the use of appropriate verbal tones, and appropriate emotional responses.
  - B. Cognitive behavioral therapy may refer to a form of psychotherapy which focuses on helping individuals solve problems and create positive outcomes by changing unrealistically negative patterns of thought and behavior.
  - C. Social skills training may refer to a form of psychotherapy which focuses on helping individuals solve problems and create positive outcomes by changing unrealistically negative patterns of thought and behavior.
  - D. Social skills training may refer to a type of therapy that works to improve upon individuals', under the age of 65, social skills such as: making eye contact, greetings, the use of appropriate verbal tones, and appropriate emotional responses.
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**7. Which of the following statements is most accurate?**

- A. Ritalin is contraindicated during treatment with monoamine oxidase inhibitors, and also within a minimum of 10 days following discontinuation of a monoamine oxidase inhibitor.
  - B. Ritalin is contraindicated during treatment with monoamine oxidase inhibitors, and also within a minimum of 12 days following discontinuation of a monoamine oxidase inhibitor.
  - C. Ritalin is contraindicated during treatment with monoamine oxidase inhibitors, and also within a minimum of 14 days following discontinuation of a monoamine oxidase inhibitor (MAOI).
  - D. Ritalin is not contraindicated during treatment with monoamine oxidase inhibitors.
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**8. What is the recommended maximum dose of Adderall XR for children ages 6 - 12?**

- A. 20 mg once daily
  - B. 30 mg once daily
  - C. 40 mg once daily
  - D. 50 mg once daily
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**9. A 26 year-old female patient has questions regarding Vyvanse. Which of the following educational points should be expressed to the patient?**

- A. Vyvanse often leads to weight gain.
- B. Vyvanse may cause a decrease in appetite.

- C. Breastfeeding while taking Vyvanse is recommended.  
D. The typical initial ADHD-related dose of Vyvanse is 80 mg every morning.
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**10. Strattera is a central nervous system stimulant indicated for the treatment of ADHD.**

- A. True  
B. False
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