

Care CEUs

Autism: Identification and Treatment

1. Autism is referred to as a spectrum disorder because there is wide variation in the type and severity of ASD symptoms.

- A. True
 - B. False
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2. Which of the following may be considered a communication symptom associated with ASD?

- A. Resistant to physical contact
 - B. Trouble understanding other individual's feelings
 - C. Echolalia
 - D. Often gets upset by minor changes
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3. Which of the following may be considered an unusual behavior symptom associated with ASD?

- A. Eye-contact avoidance
 - B. Unusual language use
 - C. An inability to put words into sentences
 - D. Respective motions
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4. Which of the following statements is most accurate?

- A. The symptoms of ASD often appear late in development.
 - B. The symptoms of ASD often appear early in development.
 - C. Many individuals show symptoms of ASD by 2 months to 6 months of age but not later than 8 months of age.
 - D. Many individuals show symptoms of ASD by 1 month to 4 months of age but not later than 8 months of age.
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5. According to ADHD-related DSM-5 criteria, in order for an individual to be diagnosed with ADHD there must be clear evidence that ADHD symptoms cause clinically significant impairment in social, occupational, or other important areas of current functioning.

- A. True
 - B. False
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6. According to the text, how many minutes of physical activity should children and adolescents do each day?

- A. 20 minutes
 - B. 30 minutes
 - C. 40 minutes
 - D. 60 minutes
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7. Joint attention therapy may refer to form of therapy that focuses on improving specific skills related to shared attention, such as pointing and coordinating looks between a person and an object.

- A. True
 - B. False
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8. A patient has questions regarding Risperdal. Which of the following educational points should be expressed to the patient?

- A. Risperdal is an antipsychotic agent indicated for the treatment of irritability associated with autistic disorder in children and adolescents aged 5 -16 years.
 - B. Risperdal is selective serotonin reuptake inhibitor indicated for the treatment of depression associated with autistic disorder in children and adolescents.
 - C. Risperdal is a central nervous system stimulant used to treat autistic disorder.
 - D. Risperdal is not used to treat ASD.
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9. What is the initial recommended dose of Abilify for pediatric patients with autistic disorder?

- A. 2 mg/day
 - B. 4 mg/day
 - C. 8 mg/day
 - D. 10 mg/day
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10. A fellow health care professional has questions regarding Concerta. Which of the following informational points of interest should be communicated to the health care professional regarding Concerta?

- A. Concerta is a selective serotonin reuptake inhibitor.
 - B. A typical starting dose for children and adolescents is 18 mg once daily.
 - C. Concerta is not associated with dry mouth.
 - D. There are no warnings associated with Concerta.
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