

Care CEUs

Dementia and Sexual Behavior

1. Dementia is a normal part of aging.

- A. True
 - B. False
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2. Which of the following statements is most accurate?

- A. Fronto-temporal dementia is a type of dementia which does not primarily affect the regions of the brain associated with planning, social behavior, and language perception.
 - B. Fronto-temporal dementia is not associated with a younger age of onset, when compared to other types of dementia.
 - C. Vascular dementia may result from strokes and/or other issues that affect blood flow to the brain.
 - D. Vascular dementia is caused by Lewy bodies.
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3. A patient has questions regarding Alzheimer's disease. Which of the following counseling points should be expressed to the patient?

- A. Alzheimer's disease is not, typically, progressive.
 - B. Alzheimer's disease is, typically, progressive.
 - C. Alzheimer's disease, typically, affects individuals under the age of 60.
 - D. Alzheimer's disease, typically, only affects individuals over the age of 85.
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4. Individuals exhibiting ISB may engage other individuals in conversations regarding sex or make comments related to sex.

- A. True
 - B. False
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5. Which of the following statements is most accurate?

- A. Individuals exhibiting dementia associated ISB do not, typically, attempt to touch or grab other individuals.
 - B. Individuals exhibiting dementia associated ISB may attempt to touch or grab other individuals.
 - C. Public disrobing is not considered ISB.
 - D. Public disrobing is only considered to be ISB when it involves individuals over the age of 85.
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6. Which of the following recommendations may help health care professionals manage patients exhibiting ISB?

- A. Health care professionals should indulge patients' "foul language."
 - B. Health care professionals should positively reinforce patients' "foul language."
 - C. Health care professionals should positively reinforce ISB.
 - D. Health care professionals should not positively reinforce ISB.
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7. Due to the nature of dementia, patients may exhibit ISB at specific times of day such as during bathing.

- A. True
 - B. False
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8. Which of the following statements is most accurate?

- A. Health care professionals should understand that patients suffering from dementia associated ISB may also be dealing with other health-related conditions or issues.
 - B. Patients suffering from dementia typically do not have any other health-related conditions or issues.
 - C. Health care professionals should avoid considering patient comorbidities.
 - D. Health care professionals should only consider patient comorbidities when caring for patients under the age of 65.
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9. According to the text, health care organizations should ensure patients suffering from dementia receive adequate nutrition and physical activity.

- A. True
 - B. False
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10. Which of the following statements is most accurate?

- A. Cognitive behavioral therapy may refer to a form of psychotherapy which focuses on helping individuals solve problems and create positive outcomes by changing unrealistically negative patterns of thought and behavior.
 - B. Cognitive behavioral therapy may refer to a form of psychotherapy which focuses on helping individuals solve problems and create positive outcomes by changing positive patterns of thought and behavior.
 - C. Cognitive behavioral therapy is a form of psychotherapy which may only be used to treat patients under the age of 65.
 - D. Cognitive behavioral therapy is not a form of psychotherapy.
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11. Psychoeducation may refer to the process of providing information and education to patients seeking or receiving treatment for mental health-related conditions.

- A. True
 - B. False
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12. What is the recommended initial adult dose of Namenda?

- A. 2.5 mg once daily
 - B. 5 mg once daily
 - C. 10 mg once daily
 - D. 15 mg once daily
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13. A fellow health care professional has questions regarding Aricept. Which of the following points of interest should be expressed to the fellow health care professional?

- A. Aricept is considered to be an antipsychotic agent.
 - B. Aricept is considered to be a selective serotonin reuptake inhibitor.
 - C. The recommended dose of Aricept for individuals with mild to moderate Alzheimer's Disease is 2 mg or 4 mg once daily.
 - D. The recommended dose of Aricept for individuals with mild to moderate Alzheimer's Disease is 5 mg or 10 mg once daily.
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14. A patient has questions regarding Exelon Patch. Which of the following counseling points should be expressed to the patient?

- A. The recommended initial dose of Exelon Patch is one Exelon Patch (4.6 mg/24 hours) daily.
 - B. The recommended initial dose of Exelon Patch is two Exelon Patches (4.6 mg/24 hours) daily.
 - C. Gastrointestinal adverse effects, including nausea and vomiting, are only common in pediatric patients.
 - D. Gastrointestinal adverse effects, including nausea and vomiting, are not associated with Exelon Patch.
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15. What is the maximum recommended dose of trazodone (Desyrel)?

- A. 200 mg per day in divided doses
 - B. 250 mg per day in divided doses
 - C. 350 mg per day in divided doses
 - D. 400 mg per day in divided doses
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