

# Care CEUs

## Dementia and Sexual Behavior

**1. Dementia is a normal part of aging.**

- A. True
- B. False

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**2. Which of the following statements is most accurate?**

- A. Fronto-temporal dementia is a type of dementia which does not primarily affect the regions of the brain associated with planning, social behavior, and language perception.
- B. Fronto-temporal dementia is not associated with a younger age of onset, when compared to other types of dementia.
- C. Vascular dementia may result from strokes and/or other issues that affect blood flow to the brain.
- D. Vascular dementia is caused by Lewy bodies.

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**3. A patient has questions regarding Alzheimer's disease. Which of the following counseling points should be expressed to the patient?**

- A. Alzheimer's disease is not, typically, progressive.
- B. Alzheimer's disease is, typically, progressive.
- C. Alzheimer's disease, typically, affects individuals under the age of 60.
- D. Alzheimer's disease, typically, only affects individuals over the age of 85.

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**4. Individuals exhibiting ISB may engage other individuals in conversations regarding sex or make comments related to sex.**

- A. True
- B. False

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**5. Which of the following statements is most accurate?**

- A. Individuals exhibiting dementia associated ISB do not, typically, attempt to touch or grab other individuals.
- B. Individuals exhibiting dementia associated ISB may attempt to touch or grab other individuals.
- C. Public disrobing is not considered ISB.
- D. Public disrobing is only considered to be ISB when it involves individuals over the age of 85.

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**6. Which of the following recommendations may help health care professionals manage patients exhibiting ISB?**

- A. Health care professionals should indulge patients' "foul language."
- B. Health care professionals should positively reinforce patients' "foul language."
- C. Health care professionals should positively reinforce ISB.
- D. Health care professionals should not positively reinforce ISB.

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**7. Due to the nature of dementia, patients may exhibit ISB at specific times of day such as during bathing.**

- A. True
- B. False

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**8. Which of the following statements is most accurate?**

- A. Health care professionals should understand that patients suffering from dementia associated ISB may also be dealing with other health-related conditions or issues.
- B. Patients suffering from dementia typically do not have any other health-related conditions or issues.
- C. Health care professionals should avoid considering patient comorbidities.
- D. Health care professionals should only consider patient comorbidities when caring for patients under the age of 65.

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**9. According to the text, health care organizations should ensure patients suffering from dementia receive adequate nutrition and physical activity.**

- A. True
- B. False

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**10. Which of the following statements is most accurate?**

- A. Cognitive behavioral therapy may refer to a form of psychotherapy which focuses on helping individuals solve problems and create positive outcomes by changing unrealistically negative patterns of thought and behavior.
- B. Cognitive behavioral therapy may refer to a form of psychotherapy which focuses on helping individuals solve problems and create positive outcomes by changing positive patterns of thought and behavior.
- C. Cognitive behavioral therapy is a form of psychotherapy which may only be used to treat patients under the age of 65.
- D. Cognitive behavioral therapy is not a form of psychotherapy.

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**11. Psychoeducation may refer to the process of providing information and education to patients seeking or receiving treatment for mental health-related conditions.**

- A. True
- B. False

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**12. What is the recommended initial adult dose of Namenda?**

- A. 2.5 mg once daily
- B. 5 mg once daily
- C. 10 mg once daily
- D. 15 mg once daily

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**13. A fellow health care professional has questions regarding Aricept. Which of the following points of interest should be expressed to the fellow health care professional?**

- A. Aricept is considered to be an antipsychotic agent.
- B. Aricept is considered to be a selective serotonin reuptake inhibitor.
- C. The recommended dose of Aricept for individuals with mild to moderate Alzheimer's Disease is 2 mg or 4 mg once daily.
- D. The recommended dose of Aricept for individuals with mild to moderate Alzheimer's Disease is 5 mg or 10 mg once daily.

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**14. A patient has questions regarding Exelon Patch. Which of the following counseling points should be expressed to the patient?**

- A. The recommended initial dose of Exelon Patch is one Exelon Patch (4.6 mg/24 hours) daily.
- B. The recommended initial dose of Exelon Patch is two Exelon Patches (4.6 mg/24 hours) daily.
- C. Gastrointestinal adverse effects, including nausea and vomiting, are only common in pediatric patients.
- D. Gastrointestinal adverse effects, including nausea and vomiting, are not associated with Exelon Patch.

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**15. What is the maximum recommended dose of trazodone (Desyrel)?**

- A. 200 mg per day in divided doses
- B. 250 mg per day in divided doses
- C. 350 mg per day in divided doses
- D. 400 mg per day in divided doses

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