

Care CEUs

Ethics In Long-Term Care

1. Which ethical principle is primarily focused on respecting the autonomy of long-term care residents?

- A. Beneficence
- B. Justice
- C. Autonomy
- D. Fidelity

2. When dealing with advance directives, a nursing home administrator must prioritize which aspect of resident care?

- A. Cost efficiency over resident preferences
- B. Resident autonomy and decision-making capacity
- C. Staff convenience
- D. Legal obligations entirely over resident wishes

3. As an ethical administrator, which strategy is appropriate for addressing a complex dispute involving family members, respecting resident rights, and potential legal challenges?

- A. Encourage open communication and seek mediation while respecting privacy norms
- B. Immediately prioritize legal obligations over resident autonomy
- C. Allow family members to decide without mediation
- D. Focus solely on organizational policies without considering legal advice

4. In preventing elder abuse, what approach should a nursing home administrator prioritize?

- A. Focus solely on identifying abuse after it occurs
- B. Implement comprehensive systems that include prevention, identification, and response
- C. Rely on staff intuition rather than training
- D. Exclude external partners from the prevention process

5. When considering the implementation of telehealth services in a long-term care facility, an administrator should prioritize which ethical consideration?

- A. Cost-cutting over resident access
- B. Ignoring external stakeholder opinions
- C. Exclusively focusing on technological efficiency
- D. Maintaining resident privacy and dignity

6. What is the primary role of the Nursing Home Administrator (NHA) when working with boards of directors according to the course content?

- A. To prepare comprehensive reports for board review and ensure compliance.
- B. To enforce operational realities upon non-healthcare governance members.
- C. To educate governance on long-term care industry trends without regulatory compliance.
- D. To prioritize the board's directives over daily operations.

7. Which principle is most aligned with ensuring that all residents receive fair and equitable healthcare, regardless of their background?

- A. Fidelity
- B. Nonmaleficence
- C. Justice
- D. Veracity

8. In navigating the complexities of resource allocation in long-term care, which ethical framework focuses on achieving the greatest good for the greatest number of residents?

- A. Deontological ethics
- B. Virtue ethics
- C. Care ethics
- D. Utilitarian ethics

9. In the context of elder abuse prevention, what is the primary focus of a comprehensive system designed by the NHA?

- A. To protect staff from resident complaints.
- B. To identify potential legal liabilities and reduce them.
- C. To prevent, identify, and respond to elder abuse while enhancing ethical practice.
- D. To enhance the facility's financial gains through ethical marketing.

10. When interpreting and implementing an advance directive, what should be the NHA's primary consideration?

- A. Ensuring the document aligns with the facility's operational efficiency.
- B. Respecting resident autonomy and their decision-making capacity.
- C. Prioritizing staff convenience in implementing the directive.
- D. Maximizing the facility's resource allocation for residents.

11. When addressing ethical dilemmas in long-term care, what is the primary consideration an administrator should keep in mind regarding resident autonomy?

- A. Resident autonomy should be prioritized over all other considerations, including safety and risk management.
- B. Resident autonomy means allowing residents to make decisions only in areas where staff feels comfortable.
- C. Resident autonomy involves balancing safety concerns with the residents' right to make informed decisions about their own care.
- D. Resident autonomy requires universal adherence to established routines for efficient facility operations.

12. Which approach is recommended to balance ethical concerns in decision-making for residents with cognitive impairments?

- A. Applying a blanket policy restricting all residents with cognitive impairments from making decisions.
- B. Implementing defensive practices to avoid potential liability and protect the facility's interests.
- C. Utilizing a decision-specific assessment to determine the resident's capacity, alongside supported decision-making.
- D. Relying primarily on the opinions of direct care staff to assess resident capacity for healthcare decisions.

13. How should nursing home administrators address potential cultural differences in care practices?

- A. Standardizing care practices across all residents to promote equality and avoid discrimination.
- B. Introducing cultural adaptations only after quantitative research mandates a change in routine procedures.
- C. Adopting cultural practices only if they have been proven to reduce operational costs.
- D. Providing training that encourages staff to adapt care practices to respect diverse cultural values and preferences.

14. In scenario analysis, when both a resident and a legal surrogate have conflicting views, what ethical framework helps guide decision-making?

- A. Prioritizing family wishes if they believe they understand the resident's needs better than the resident.
- B. Utilizing federal and state guidelines and respecting any documented advance directives or established resident preferences.
- C. Deferring decisions to the most outspoken family member or legal surrogate regardless of resident preference.
- D. Always siding with the nursing home's policies to ensure uniform decision-making across all cases.

15. What strategy should administrators employ to handle ethical challenges related to emerging trends like telehealth in long-term care settings?

- A. Evaluate the specific needs and preferences of each resident while addressing privacy and autonomy in telehealth implementation.
- B. Implement telehealth unilaterally to enhance efficiency and reduce the need for in-person consultations.
- C. Limit telehealth to residents without complex health conditions to streamline operations.
- D. Encourage maximum usage of telehealth regardless of its impact on resident autonomy or personal preferences.

16. When addressing complex ethical dilemmas in long-term care administration, which approach best respects a resident's autonomy?

- A. Consulting with the medical team for medical advisability of the resident's wishes
- B. Prioritizing the family's emotional needs in decision-making
- C. Following the resident's informed and competent wishes explicitly
- D. Deferring to legal power of attorney for all healthcare decisions

17. How should nursing home administrators navigate ethical challenges involving diverse stakeholders such as residents and their families?

- A. Ensure that resident preferences are consistently placed above all other stakeholders' opinions
- B. Facilitate open dialogues and mediate to align treatment goals among all parties
- C. Adhere strictly to family requests and legal documents, overriding resident expressed preferences
- D. Use a hierarchical approach by prioritizing external partners' recommendations

18. Which of the following best describes the role of advance directives in respecting resident autonomy?

- A. They override any future verbal expressions by residents regarding their care
- B. They serve as a tool for decision-making capacity assessment only
- C. They need to be updated annually to remain valid
- D. They provide a clear expression of resident preferences and should guide care decisions when applicable

19. In preventing, identifying, and responding to elder abuse, which strategy should nursing assistants prioritize?

- A. Immediate reporting of suspected abuse following facility protocols to appropriate authorities
- B. Complete confidentiality around all resident interactions
- C. Counseling suspected abusers within the organization to ensure understanding of consequences

D. Direct confrontations with the alleged abuser to gather firsthand information

20. What is a critical ethical consideration for nursing home administrators when integrating emerging technologies like telehealth into resident care?

- A. Prioritizing technological advancement to minimize human error in all scenarios
- B. Ensuring resident familiarity with technology as the sole criteria for telehealth involvement
- C. Balancing technological integration with maintaining personal, compassionate aspects of care
- D. Permitting unrestricted access to telehealth services irrespective of resident consent

Copyright © 2026 Care CEUs

Visit us at <https://www.careceus.com>