

# Care CEUs

## Ethics In Long-Term Care

**1. Which ethical principle is primarily focused on respecting the autonomy of long-term care residents?**

- A. Beneficence
  - B. Justice
  - C. Autonomy
  - D. Fidelity
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**2. When dealing with advance directives, a nursing home administrator must prioritize which aspect of resident care?**

- A. Cost efficiency over resident preferences
  - B. Resident autonomy and decision-making capacity
  - C. Staff convenience
  - D. Legal obligations entirely over resident wishes
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**3. As an ethical administrator, which strategy is appropriate for addressing a complex dispute involving family members, respecting resident rights, and potential legal challenges?**

- A. Encourage open communication and seek mediation while respecting privacy norms
  - B. Immediately prioritize legal obligations over resident autonomy
  - C. Allow family members to decide without mediation
  - D. Focus solely on organizational policies without considering legal advice
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**4. In preventing elder abuse, what approach should a nursing home administrator prioritize?**

- A. Focus solely on identifying abuse after it occurs
  - B. Implement comprehensive systems that include prevention, identification, and response
  - C. Rely on staff intuition rather than training
  - D. Exclude external partners from the prevention process
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**5. When considering the implementation of telehealth services in a long-term care facility, an administrator should prioritize which ethical consideration?**

- A. Cost-cutting over resident access
  - B. Ignoring external stakeholder opinions
  - C. Exclusively focusing on technological efficiency
  - D. Maintaining resident privacy and dignity
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**6. What is the primary role of the Nursing Home Administrator (NHA) when working with boards of directors according to the course content?**

- A. To prepare comprehensive reports for board review and ensure compliance.
  - B. To enforce operational realities upon non-healthcare governance members.
  - C. To educate governance on long-term care industry trends without regulatory compliance.
  - D. To prioritize the board's directives over daily operations.
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**7. Which principle is most aligned with ensuring that all residents receive fair and equitable healthcare, regardless of their background?**

- A. Fidelity
  - B. Nonmaleficence
  - C. Justice
  - D. Veracity
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**8. In navigating the complexities of resource allocation in long-term care, which ethical framework focuses on achieving the greatest good for the greatest number of residents?**

- A. Deontological ethics
  - B. Virtue ethics
  - C. Care ethics
  - D. Utilitarian ethics
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**9. In the context of elder abuse prevention, what is the primary focus of a comprehensive system designed by the NHA?**

- A. To protect staff from resident complaints.
  - B. To identify potential legal liabilities and reduce them.
  - C. To prevent, identify, and respond to elder abuse while enhancing ethical practice.
  - D. To enhance the facility's financial gains through ethical marketing.
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**10. When interpreting and implementing an advance directive, what should be the NHA's primary consideration?**

- A. Ensuring the document aligns with the facility's operational efficiency.
  - B. Respecting resident autonomy and their decision-making capacity.
  - C. Prioritizing staff convenience in implementing the directive.
  - D. Maximizing the facility's resource allocation for residents.
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**11. When addressing ethical dilemmas in long-term care, what is the primary consideration an administrator should keep in mind regarding resident autonomy?**

- A. Resident autonomy should be prioritized over all other considerations, including safety and risk management.
  - B. Resident autonomy means allowing residents to make decisions only in areas where staff feels comfortable.
  - C. Resident autonomy involves balancing safety concerns with the residents' right to make informed decisions about their own care.
  - D. Resident autonomy requires universal adherence to established routines for efficient facility operations.
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**12. Which approach is recommended to balance ethical concerns in decision-making for residents with cognitive impairments?**

- A. Applying a blanket policy restricting all residents with cognitive impairments from making decisions.
  - B. Implementing defensive practices to avoid potential liability and protect the facility's interests.
  - C. Utilizing a decision-specific assessment to determine the resident's capacity, alongside supported decision-making.
  - D. Relying primarily on the opinions of direct care staff to assess resident capacity for healthcare decisions.
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**13. How should nursing home administrators address potential cultural differences in care practices?**

- A. Standardizing care practices across all residents to promote equality and avoid discrimination.
  - B. Introducing cultural adaptations only after quantitative research mandates a change in routine procedures.
  - C. Adopting cultural practices only if they have been proven to reduce operational costs.
  - D. Providing training that encourages staff to adapt care practices to respect diverse cultural values and preferences.
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**14. In scenario analysis, when both a resident and a legal surrogate have conflicting views, what ethical framework helps guide decision-making?**

- A. Prioritizing family wishes if they believe they understand the resident's needs better than the resident.
  - B. Utilizing federal and state guidelines and respecting any documented advance directives or established resident preferences.
  - C. Deferring decisions to the most outspoken family member or legal surrogate regardless of resident preference.
  - D. Always siding with the nursing home's policies to ensure uniform decision-making across all cases.
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**15. What strategy should administrators employ to handle ethical challenges related to emerging trends like telehealth in long-term care settings?**

- A. Evaluate the specific needs and preferences of each resident while addressing privacy and autonomy in telehealth implementation.
  - B. Implement telehealth unilaterally to enhance efficiency and reduce the need for in-person consultations.
  - C. Limit telehealth to residents without complex health conditions to streamline operations.
  - D. Encourage maximum usage of telehealth regardless of its impact on resident autonomy or personal preferences.
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**16. When addressing complex ethical dilemmas in long-term care administration, which approach best respects a resident's autonomy?**

- A. Consulting with the medical team for medical advisability of the resident's wishes
  - B. Prioritizing the family's emotional needs in decision-making
  - C. Following the resident's informed and competent wishes explicitly
  - D. Deferring to legal power of attorney for all healthcare decisions
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**17. How should nursing home administrators navigate ethical challenges involving diverse stakeholders such as residents and their families?**

- A. Ensure that resident preferences are consistently placed above all other stakeholders' opinions
  - B. Facilitate open dialogues and mediate to align treatment goals among all parties
  - C. Adhere strictly to family requests and legal documents, overriding resident expressed preferences
  - D. Use a hierarchical approach by prioritizing external partners' recommendations
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**18. Which of the following best describes the role of advance directives in respecting resident autonomy?**

- A. They override any future verbal expressions by residents regarding their care
  - B. They serve as a tool for decision-making capacity assessment only
  - C. They need to be updated annually to remain valid
  - D. They provide a clear expression of resident preferences and should guide care decisions when applicable
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**19. In preventing, identifying, and responding to elder abuse, which strategy should nursing assistants prioritize?**

- A. Immediate reporting of suspected abuse following facility protocols to appropriate authorities
- B. Complete confidentiality around all resident interactions
- C. Counseling suspected abusers within the organization to ensure understanding of consequences

D. Direct confrontations with the alleged abuser to gather firsthand information

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**20. What is a critical ethical consideration for nursing home administrators when integrating emerging technologies like telehealth into resident care?**

- A. Prioritizing technological advancement to minimize human error in all scenarios
  - B. Ensuring resident familiarity with technology as the sole criteria for telehealth involvement
  - C. Balancing technological integration with maintaining personal, compassionate aspects of care
  - D. Permitting unrestricted access to telehealth services irrespective of resident consent
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