

Care CEUs

Federal Regulations of Long Term Care Facilities

1. Which of the following statements is most accurate?

- A. An adverse event can refer to an untoward, undesirable, and usually unanticipated event that does not cause death or serious injury.
 - B. An adverse event can refer to an untoward, undesirable, and usually unanticipated event that causes death or serious injury, or the risk thereof.
 - C. An adverse event is a desirable, and usually anticipated, event which does not lead to serious injury.
 - D. An adverse event is a desirable, and usually anticipated, event which may lead to serious injury.
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2. Exploitation means taking advantage of a resident for personal gain through the use of manipulation, intimidation, threats, or coercion.

- A. True
 - B. False
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3. Which of the following services are included in a Medicare or Medicaid payment?

- A. Nursing services
 - B. Food/nutrition services
 - C. Room/bed maintenance services
 - D. All of the above
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4. Which of the following statements regarding grievances is most accurate?

- A. It is not necessary for a facility to make information regarding how to file a grievance available to residents.
 - B. A facility must make information on how to file a grievance or complaint available to residents.
 - C. It is not necessary for a facility to establish policies regarding the prompt resolutions of grievances.
 - D. A facility can reject a resident's grievance without conducting an investigation.
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5. A facility must develop and implement written policies and procedures that prohibit and prevent abuse of residents.

- A. True

B. False

6. Which of the following statements is most accurate?

- A. It is not necessary for a facility to conduct an initial resident assessment.**
 - B. A facility must conduct an initial resident assessment only if the facility deems one necessary.**
 - C. At the time each resident is admitted, the facility must have physician orders for the resident's immediate care.**
 - D. At the time each resident is admitted, it is not necessary for a facility to have physician orders for the resident's immediate care.**
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7. A facility must assess a resident using the quarterly review instrument specified by the State and approved by CMS not less frequently than once every 4 months.

- A. True**
 - B. False**
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8. Which of the following statements is most accurate?

- A. A baseline care plan must be developed within 16 hours of a resident's admission.**
 - B. A baseline care plan must be developed within 24 hours of a resident's admission.**
 - C. A baseline care plan must be developed within 48 hours of a resident's admission.**
 - D. A baseline care plan must be developed within 72 hours of a resident's admission.**
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9. Which of the following statements is most accurate?

- A. It is not necessary for a facility to provide foot care to residents.**
 - B. It is not necessary for a facility to ensure residents receive dialysis.**
 - C. It is not necessary for a facility to ensure that residents who are trauma survivors receive culturally competent, trauma-informed care.**
 - D. The facility must attempt to use appropriate alternatives prior to installing a side or bed rail.**
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10. A physician must personally approve, in writing, a recommendation that an individual be admitted to a facility.

- A. True**
 - B. False**
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11. With the exception of influenza and pneumococcal vaccines, physician orders must be signed and dated.

- A. True
 - B. False
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12. A facility must provide or obtain laboratory services to meet the needs of its residents.

- A. True
 - B. False
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13. Which of the following statements is most accurate?

- A. It is not necessary for a facility to provide dental services to residents.
 - B. It is not necessary for a facility to provide transportation to and from a dental service location.
 - C. A facility is only required to provide emergency dental service to residents.
 - D. A facility must provide or obtain from an outside resource routine and emergency dental services to meet the needs of each resident.
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14. It is not necessary for a feeding assistant to work under the supervision of a registered nurse or a licensed practical nurse.

- A. True
 - B. False
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15. Specialized rehabilitative services must be provided under the written order of a physician.

- A. True
 - B. False
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16. A long-term care facility must conduct exercises to test the facility's emergency plan at least twice every five years.

- A. True
 - B. False
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17. A facility must establish and maintain an infection prevention and control program.

- A. True
 - B. False
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18. You are working in a long-term care facility. A restraint is ordered for a resident.

You assist in the restraint. After the restraint incident is concluded, which of the following must be documented?

- A. The time the emergency safety intervention actually began.**
 - B. The time the emergency safety intervention actually ended.**
 - C. The emergency safety situation that required the resident to be restrained.**
 - D. All of the above**
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19. Within 72 hours after the use of restraint or seclusion, staff involved in an emergency safety intervention and the resident must have a face-to-face discussion.

- A. True**
 - B. False**
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20. A facility may employ physical restraint for which of the following reasons?

- A. Disciplinary purposes**
 - B. Staff convenience**
 - C. As an emergency measure**
 - D. All of the above**
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21. Which of the following statements is most accurate?

- A. An individual placed in restraint must be checked at least every 20 minutes by staff trained in the use of restraint.**
 - B. An individual placed in restraint must be checked at least every 30 minutes by staff trained in the use of restraint.**
 - C. An individual placed in restraint must be checked at least every 40 minutes by staff trained in the use of restraint.**
 - D. An individual placed in restraint must be checked at least every 60 minutes by staff trained in the use of restraint.**
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22. A facility must develop an active treatment schedule that outlines current active treatment programs.

- A. True**
 - B. False**
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23. A physician must develop, in coordination with licensed nursing personnel, a medical care plan of treatment for a client if the physician determines that an individual client requires 24-hour licensed nursing care.

- A. True**

B. False

24. Drugs designated for a particular client must be immediately removed from the client's current medication supply if discontinued by the physician.

- A. True**
 - B. False**
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25. Which of the following statements is most accurate?

- A. A facility must segregate its residents based on their physical disabilities.**
 - B. A facility must not segregate residents solely on the basis of their physical disabilities.**
 - C. A facility must segregate residents with seizer disorders.**
 - D. A facility must not integrate residents who are blind and/or deaf with other residents.**
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