

Care CEUs

Federal Regulations of Long Term Care Facilities

1. Which of the following statements is most accurate?

- A. An adverse event can refer to an untoward, undesirable, and usually unanticipated event that does not causes death or serious injury.
 - B. An adverse event can refer to an untoward, undesirable, and usually unanticipated event that causes death or serious injury, or the risk thereof.
 - C. An adverse event is a desirable, and usually anticipated, event which does not lead to serious injury.
 - D. An adverse event is a desirable, and usually anticipated, event which may lead to serious injury.
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2. Exploitation means taking advantage of a resident for personal gain through the use of manipulation, intimidation, threats, or coercion.

- A. True
 - B. False
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3. Which of the following services are included in a Medicare or Medicaid payment?

- A. Nursing services
 - B. Food/nutrition services
 - C. Room/bed maintenance services
 - D. All of the above
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4. Which of the following statements regarding grievances is most accurate?

- A. It is not necessary for a facility to make information regarding how to file a grievance available to residents.
 - B. A facility must make information on how to file a grievance or complaint available to residents.
 - C. It is not necessary for a facility to establish policies regarding the prompt resolutions of grievances.
 - D. A facility can reject a resident's grievance without conducting an investigation.
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5. A facility must develop and implement written policies and procedures that prohibit and prevent abuse of residents.

- A. True
 - B. False
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6. Which of the following statements is most accurate?

- A. It is not necessary for a facility to conduct an initial resident assessment.
 - B. A facility must conduct an initial resident assessment only if the facility deems one necessary.
 - C. At the time each resident is admitted, the facility must have physician orders for the resident's immediate care.
 - D. At the time each resident is admitted, it is not necessary for a facility to have physician orders for the resident's immediate care.
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7. A facility must assess a resident using the quarterly review instrument specified by the State and approved by CMS not less frequently than once every 4 months.

- A. True
 - B. False
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8. Which of the following statements is most accurate?

- A. A baseline care plan must be developed within 16 hours of a resident's admission.
 - B. A baseline care plan must be developed within 24 hours of a resident's admission.
 - C. A baseline care plan must be developed within 48 hours of a resident's admission.
 - D. A baseline care plan must be developed within 72 hours of a resident's admission.
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9. Which of the following statements is most accurate?

- A. It is not necessary for a facility to provide foot care to residents.
 - B. It is not necessary for a facility to ensure residents receive dialysis.
 - C. It is not necessary for a facility to ensure that residents who are trauma survivors receive culturally competent, trauma-informed care.
 - D. The facility must attempt to use appropriate alternatives prior to installing a side or bed rail.
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10. In writing, a physician must personally approve a recommendation that an individual be admitted to a facility.

- A. True
 - B. False
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11. With the exception of influenza and pneumococcal vaccines, physician orders must be signed and dated.

- A. True
 - B. False
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12. A facility must provide or obtain laboratory services to meet the needs of its residents.

- A. True
 - B. False
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13. Which of the following statements is most accurate?

- A. It is not necessary for a facility to provide dental services to residents.
 - B. It is not necessary for a facility to provide transportation to and from a dental service location.
 - C. A facility is only required to provide emergency dental service to residents.
 - D. A facility must provide or obtain from an outside resource routine and emergency dental services to meet the needs of each resident.
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14. It is not necessary for a feeding assistant to work under the supervision of a registered nurse or a licensed practical nurse.

- A. True
 - B. False
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15. Specialized rehabilitative services must be provided under the written order of a physician.

- A. True
 - B. False
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16. A long-term care facility must conduct exercises to test the facility's emergency plan at least twice every five years.

- A. True
 - B. False
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17. A facility must establish and maintain an infection prevention and control program.

- A. True
 - B. False
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18. You are working in a long-term care facility. A restraint is ordered for a resident. You assist in the restraint. After the restraint incident is concluded, which of the following must be documented?

- A. The time the emergency safety intervention actually began.
- B. The time the emergency safety intervention actually ended.
- C. The emergency safety situation that required the resident to be restrained.

D. All of the above

19. Within 72 hours after the use of restraint or seclusion, staff involved in an emergency safety intervention and the resident must have a face-to-face discussion.

- A. True
 - B. False
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20. A facility may employ physical restraint for which of the following reasons?

- A. Disciplinary purposes
 - B. Staff convenience
 - C. As an emergency measure
 - D. All of the above
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21. Which of the following statements is most accurate?

- A. An individual placed in restraint must be checked at least every 20 minutes by staff trained in the use of restraint.
 - B. An individual placed in restraint must be checked at least every 30 minutes by staff trained in the use of restraint.
 - C. An individual placed in restraint must be checked at least every 40 minutes by staff trained in the use of restraint.
 - D. An individual placed in restraint must be checked at least every 60 minutes by staff trained in the use of restraint.
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22. A facility must develop an active treatment schedule that outlines current active treatment programs.

- A. True
 - B. False
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23. A physician must develop, in coordination with licensed nursing personnel, a medical care plan of treatment for a client if the physician determines that an individual client requires 24-hour licensed nursing care.

- A. True
 - B. False
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24. Drugs designated for a particular client must be immediately removed from the client's current medication supply if discontinued by the physician.

- A. True
 - B. False
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25. Which of the following statements is most accurate?

- A. A facility must segregate its residents based on their physical disabilities.
 - B. A facility must not segregate residents solely on the basis of their physical disabilities.
 - C. A facility must segregate residents with seizure disorders.
 - D. A facility must not integrate residents who are blind and/or deaf with other residents.
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