

# Care CEUs

## Hand Hygiene and Infection Control

### 1. Which of the following statements is most accurate?

- A. Health care professionals should wash their hands with soap and water for a duration of 20 - 30 seconds when they are visibly dirty or visibly soiled.
  - B. Health care professionals should wash their hands with soap and water for a duration of 40 - 60 seconds when they are visibly dirty or visibly soiled.
  - C. Health care professionals should wash their hands with an alcohol-based handrub for a duration of 20 - 30 seconds when they are visibly dirty or visibly soiled.
  - D. Health care professionals should wash their hands with an alcohol-based handrub for a duration of 40 - 60 seconds when they are visibly dirty or visibly soiled.
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### 2. Health care professionals should engage in hand hygiene if moving from a contaminated body site to another body site during the care of the same patient.

- A. True
  - B. False
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### 3. Which of the following statements regarding hand hygiene is most accurate?

- A. Soap and an alcohol-based handrub should be used concomitantly before patient contact.
  - B. Soap and an alcohol-based handrub should be used concomitantly before handling medications.
  - C. Soap and an alcohol-based handrub should be used concomitantly before handling food.
  - D. Soap and an alcohol-based handrub should not be used concomitantly.
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### 4. Which of the following statements regarding hand hygiene using an alcohol-based formulation is most accurate?

- A. The duration of the entire procedure should last between 5 - 10 seconds.
  - B. The duration of the entire procedure should last between 10 - 15 seconds.
  - C. The duration of the entire procedure should last between 15 - 20 seconds.
  - D. The duration of the entire procedure should last between 20 - 30 seconds.
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### 5. Which of the following statements regarding surgical hand hygiene is most accurate?

- A. After the application of the alcohol-based handrub, health care professionals should allow their hands and forearms to dry thoroughly before donning sterile gloves.
- B. After the application of the alcohol-based handrub, health care professionals should not allow their hands and forearms to dry before donning sterile gloves.

- C. After the application of the alcohol-based handrub, health care professionals should dry their hands and forearms with paper towel for 20 seconds before donning sterile gloves.
- D. After the application of the alcohol-based handrub, health care professionals should dry their hands and forearms with paper towel for 40 seconds before donning sterile gloves.
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**6. Alcohol-based handrubs should not be located at the point-of-care.**

- A. True  
B. False
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**7. A fellow health care professional has questions regarding C. diff. Which of the following points of interest should be expressed to the health care professional regarding C. diff.?**

- A. C. diff is a virus.  
B. C. diff cannot spread via infected surfaces.  
C. Health care professionals should engage in handwashing with soap and water if the potential for C. diff is present.  
D. Health care professionals should engage in hand hygiene with an alcohol-based handrub if the potential for C. diff is present.
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**8. Which of the following statements is most accurate?**

- A. Staphylococcus aureus is a type of virus.  
B. Methicillin-resistant Staphylococcus aureus may not be transmitted via poor hand hygiene.  
C. Staphylococcus aureus cannot spread via infected droplets.  
D. Staphylococcus aureus may lead to skin infections.
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**9. Which of the following statements is most accurate?**

- A. When putting on a gown, a health care professional should make sure the gown completely covers his or her torso from the neck to the waist.  
B. When putting on a gown, a health care professional should make sure the gown completely covers his or her torso from the neck to the thighs.  
C. When putting on a gown, a health care professional should make sure the gown completely covers his or her torso from the neck to the knees.  
D. When putting on a gown, a health care professional should make sure the gown does not completely cover his or her torso.
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**10. The use of gloves does not replace the need for hand hygiene by either handrubbing or handwashing.**

- A. True  
B. False
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