

# Care CEUs

## HIV Aids Overview

### HIV/AIDS: The Basics

1. Antiretroviral therapy cannot cure HIV infection, but it can help people infected with HIV live longer, healthier lives.

- A. True
  - B. False
- 

2. HIV attacks and destroys which cells of the immune system?

- A. CD3
  - B. CD4
  - C. CD8
  - D. CD22
- 

### The Stages of HIV Infection

3. Without treatment, people with AIDS typically survive about \_\_\_\_\_ years.

- A. 1
  - B. 2
  - C. 3
  - D. 4
- 

### HIV Testing

4. HIV testing not only detects HIV infection, but can also tell how long a person has been infected with HIV or if the person has AIDS.

- A. True
  - B. False
- 

5. Which HIV test can detect HIV in a person's blood within 9 to 11 days after the

person is infected?

- A. The HIV antibody test
  - B. The HIV RNA test
  - C. The Western blot test
  - D. The approved home test
- 

## HIV/AIDS Clinical Trials

6. Clinical trials are the fastest way to determine if new medical approaches are safe and effective in people.

- A. True
  - B. False
- 

## The Basics of HIV Prevention

7. Which of the following should not be shared with a person that is HIV positive?

- A. Toothbrushes
  - B. Towels
  - C. Kitchen utensils
  - D. All of the above
- 

## Prevention of Mother-to-Child Transmission of HIV

8. Mother-to-child transmission is the most common way that children become infected with HIV.

- A. True
  - B. False
- 

9. It was once thought that HIV can be spread in food that was previously chewed by a person infected with HIV, but it has now been shown to be a myth.

- A. True
  - B. False
- 

## Just Diagnosed: Next Steps After Testing Positive for HIV

**10. The purpose of a baseline evaluation is to:**

- A. Determine the stage of a person's HIV infection.**
  - B. Evaluate the person's readiness to start treatment.**
  - C. Collect information to guide selection of the person's first HIV regimen.**
  - D. All of the above.**
- 

## **What to Start: Selecting a First HIV Regimen**

**11. Which of the following is not true regarding a viral load?**

- A. An undetectable viral load is the best sign that HIV treatment is effective.**
  - B. Once a person starts treatment, it's possible to have an undetectable viral load within 3 to 6 months.**
  - C. Having an undetectable viral load means a person's HIV is cured.**
  - D. All of the above are true statements.**
- 

## **Drug Resistance**

**12. Because drug-resistant HIV can spread from person to person, some people are initially infected with a drug-resistant strain of HIV.**

- A. True**
  - B. False**
- 

## **HIV and Women**

**13. During unprotected vaginal sex, HIV passes more easily from a woman to a man than from a man to a woman.**

- A. True**
  - B. False**
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