

Care CEUs

HIV Aids Overview

HIV/AIDS: The Basics

1. Antiretroviral therapy cannot cure HIV infection, but it can help people infected with HIV live longer, healthier lives.

- A. True
- B. False

2. HIV attacks and destroys which cells of the immune system?

- A. CD3
- B. CD4
- C. CD8
- D. CD22

The Stages of HIV Infection

3. Without treatment, people with AIDS typically survive about _____ years.

- A. 1
- B. 2
- C. 3
- D. 4

HIV Testing

4. HIV testing not only detects HIV infection, but can also tell how long a person has been infected with HIV or if the person has AIDS.

- A. True
- B. False

5. Which HIV test can detect HIV in a person's blood within 9 to 11 days after the person is infected?

- A. The HIV antibody test
- B. The HIV RNA test
- C. The Western blot test
- D. The approved home test

HIV/AIDS Clinical Trials

6. Clinical trials are the fastest way to determine if new medical approaches are safe and effective in people.

- A. True
- B. False

The Basics of HIV Prevention

7. Which of the following should not be shared with a person that is HIV positive?

- A. Toothbrushes
- B. Towels
- C. Kitchen utensils
- D. All of the above

Prevention of Mother-to-Child Transmission of HIV

8. Mother-to-child transmission is the most common way that children become infected with HIV.

- A. True
- B. False

9. It was once thought that HIV can be spread in food that was previously chewed by a person infected with HIV, but it has now been shown to be a myth.

- A. True
- B. False

Just Diagnosed: Next Steps After Testing Positive for HIV

10. The purpose of a baseline evaluation is to:

- A. Determine the stage of a person's HIV infection.
- B. Evaluate the person's readiness to start treatment.
- C. Collect information to guide selection of the person's first HIV regimen.
- D. All of the above.

What to Start: Selecting a First HIV Regimen

11. Which of the following is not true regarding a viral load?

- A. An undetectable viral load is the best sign that HIV treatment is effective.
- B. Once a person starts treatment, it's possible to have an undetectable viral load within 3 to 6 months.
- C. Having an undetectable viral load means a person's HIV is cured.
- D. All of the above are true statements.

Drug Resistance

12. Because drug-resistant HIV can spread from person to person, some people are initially infected with a drug-resistant strain of HIV.

- A. True
- B. False

HIV and Women

13. During unprotected vaginal sex, HIV passes more easily from a woman to a man than from a man to a woman.

- A. True
- B. False
