# **Care CEUs**

**HIV/AIDS: The Basics** 

infected?

## **HIV Aids Overview**

1. Antiretroviral therapy cannot cure HIV infection, but it can help people infected with HIV live longer, healthier lives.
A. True B. False
2. HIV attacks and destroys which cells of the immune system?
A. CD3
B. CD4 C. CD8
D. CD22
The Stages of HIV Infection
3. Without treatment, people with AIDS typically survive about years.
A. 1
B. 2 C. 3
D. 4
HIV Testing
4. HIV testing not only detects HIV infection, but can also tell how long a person has been infected with HIV or if the person has AIDS.
A. True
B. False

5. Which HIV test can detect HIV in a person's blood within 9 to 11 days after the person is

C. The Western blot test  D. The approved home test
HIV/AIDS Clinical Trials
6. Clinical trials are the fastest way to determine if new medical approaches are safe and effective in people.
A. True B. False
The Basics of HIV Prevention
7. Which of the following should not be shared with a person that is HIV positive?
A. Toothbrushes B. Towels C. Kitchen utensils D. All of the above
Prevention of Mother-to-Child Transmission of HIV
8. Mother-to-child transmission is the most common way that children become infected with HIV.
A. True B. False
9. It was once thought that HIV can be spread in food that was previously chewed by a person infected with HIV, but it has now been shown to be a myth.
A. True B. False
Just Diagnosed: Next Steps After Testing Positive for HIV
10. The purpose of a baseline evaluation is to:

A. The HIV antibody test B. The HIV RNA test

- A. Determine the stage of a person's HIV infection.
- B. Evaluate the person's readiness to start treatment.
- C. Collect information to guide selection of the person's first HIV regimen.
- D. All of the above.

### What to Start: Selecting a First HIV Regimen

- 11. Which of the following is not true regarding a viral load?
- A. An undetectable viral load is the best sign that HIV treatment is effective.
- B. Once a person starts treatment, it's possible to have an undetectable viral load within 3 to 6 months.
- C. Having an undetectable viral load means a person's HIV is cured.
- D. All of the above are true statements.

#### **Drug Resistance**

- 12. Because drug-resistant HIV can spread from person to person, some people are initially infected with a drug-resistant strain of HIV.
- A. True
- B. False

#### **HIV and Women**

- 13. During unprotected vaginal sex, HIV passes more easily from a woman to a man than from a man to a woman.
- A. True
- B. False

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