

Care CEUs

Last Days of Life

End-of-life Discussions

1. Advance care planning includes which of the following?

- A. Establishing the goals of care.
 - B. Clarifying acceptable treatment options.
 - C. Determining where a patient wishes to spend the final days of life.
 - D. All of the above.
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Pain During the Final Hours of Life

2. Because cross-tolerance between opioids is not complete, empirical evidence suggests that after an equianalgesic dose is calculated, that dose should be reduced by approximately _____%, then titrated upward to meet the patient's analgesic needs.

- A. 10
 - B. 25
 - C. 30
 - D. 50
-

Dyspnea

3. Opioids decrease the perception of air hunger, regardless of the underlying pathophysiology and without causing respiratory depression.

- A. True
 - B. False
-

Death Rattle

4. Rattle is an indicator of impending death.

- A. True

B. False

Hemorrhage

5. Hemorrhage is a very common yet extremely disturbing symptom that can arise from cancer or its treatment.

- A. True**
 - B. False**
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6. When chronic bleeding occurs, systemic interventions include the use of which vitamin?

- A. Vitamin A**
 - B. Vitamin C**
 - C. Vitamin K**
 - D. Vitamin D**
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Ventilator Withdrawal

7. Guidelines suggest that which of the following should never be introduced when the ventilator is being withdrawn?

- A. Paralytic agents**
 - B. Parenteral opioids**
 - C. Midazolam**
 - D. All of the above**
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Care During the Final Hours

8. When patients respond slowly to questions, are somewhat confused, and have a decreased interest in the environment, family should be encouraged to give the patient time and space and not touch or speak to them.

- A. True**
 - B. False**
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