

# Care CEUs

## Team Care for Diabetes

**1. Poor diabetes management may lead to which of the following complications?**

- A. Cardiovascular disease
  - B. Vision loss
  - C. Nerve damage
  - D. All of the above
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**2. What did the Diabetes Control and Complications Trial suggest in regards to glucose control?**

- A. Intensive glucose control reduced eye damage
  - B. Intensive glucose control reduced kidney damage
  - C. Intensive glucose control had no impact on nerve damage
  - D. Both A and B
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**3. A 65 year-old pre-diabetic, overweight man presents to your clinic. According to the Diabetes Prevention Program, which of the following recommendations could be made to help prevent or slow the patient's onset of diabetes?**

- A. Weight loss
  - B. Diet modifications
  - C. Both A and B
  - D. None of the above
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**4. You are putting together a team to manage diabetes patients. Which of the following team elements are essential to effective patient treatment?**

- A. Ways to identify the patient population via an information tracking system
  - B. Organizational team support
  - C. Payment mechanisms for team care services
  - D. All of the above
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**5. The Chronic Care model, the Medical Home model, and the Healthy Learner model provide frameworks for effective care of diabetes and other chronic diseases.**

- A. True
  - B. False
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**6. The Chronic Care Model utilizes clinical information systems to effectively treat diabetes patients.**

- A. True
  - B. False
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**7. The Healthy Learner Model extends the Chronic Care Model to include which of the following elements?**

- A. School nurses
  - B. Third party payment
  - C. Student health education
  - D. Both A and C
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**8. Diabetes team care integrates the skills of primary care providers and other health care professionals with those of the patient and family members into a comprehensive 10 year diabetes management program.**

- A. True
  - B. False
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**9. Which of the following should be included in the first step to building an effective diabetes treatment team?**

- A. Clarify the roles of team members
  - B. Determine payment mechanisms for health care professional services
  - C. Meet with policy makers
  - D. Evaluate equipment
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**10. When building an effective team it is important to clarify team roles before examining the patient population.**

- A. True
  - B. False
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**11. You are chosen for a diabetes treatment team. Which of the following should you focus on to maintain the success of the team?**

- A. Community support
  - B. Patients' concerns
  - C. Team communication
  - D. All of the above
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**12. Which of the following statements regarding team care is MOST accurate?**

- A. Team care should be based on evidence-based guidelines adapted from widely accepted standards or practice guidelines to meet local conditions
  - B. Team care should be based on evidence-based guidelines adapted from small patient sample sizes
  - C. Team care should be not meet local conditions
  - D. Team care should not be evidence based
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**13. Which of the following methods can be used to evaluate team outcomes?**

- A. Patient quality-of-life interviews
  - B. Analytic reports
  - C. Pooled patient data
  - D. All of the above
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**14. Your diabetes team is discussing a 60-year-old women's case. What clinical targets should your team focus on to improve diabetes outcomes?**

- A. A1C values
  - B. INR values
  - C. Blood glucose values
  - D. Both A and C
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**15. Ongoing patient follow-up and regular scheduled visits for diabetes education, support, management, and preventive care are important to team success.**

- A. True
  - B. False
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**16. A representative from the Indian Health Services approaches your team and requests that you develop a Telehealth application strategy to improve diabetes outcomes. Which of the following strategies could be utilized to meet the representative's request?**

- A. Utilizing a digital camera to transmit photographs of a patient's eye to a central reading center
  - B. Face-to-face nurse care
  - C. Conducting a video conference for patient education
  - D. Both A and C
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**17. Your diabetes team leader asks you to develop a strategy to increase your team's practice efficiency. Which of the following recommendations has the most potential to increase team practice efficiency?**

- A. Shared medical appointments
  - B. One-on-one medical appointments
  - C. Nurse only appointments
  - D. None of the above
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**18. Which of the following strategies can improve the success rate of the group visit model?**

- A. Interpersonal sharing between patients
  - B. Utilizing a patient registry
  - C. Training support staff
  - D. All of the above
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**19. Most health care plans pay for physician services provided for the management of diabetes.**

- A. True
  - B. False
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**20. Which organizations have the authority to accredit, or recognize, diabetes education programs?**

- A. American Diabetes Association
  - B. American Association of Diabetes Educators
  - C. Both A and B
  - D. None of the above
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**21. What do recent studies suggest about the use of diabetes education?**

- A. Diabetes education has no impact on health care costs
  - B. Diabetes education does result in reduced health care costs
  - C. Diabetes education does result in increased health care costs
  - D. None of the above
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**22. Partnerships between health care professionals, community organizations, and community members may only help individuals with diabetes.**

- A. True
  - B. False
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**23. Which of the following health care professionals would be considered an important member of a team?**

- A. Primary care physician
- B. Nurse
- C. Dentist

D. All of the above

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**24. Which of the following statements regarding nurse team members is MOST accurate?**

- A. With medical direction and defined protocols, nurses can make clinical management decisions about the treatment of diabetes
  - B. Without medical direction, nurses can make clinical management decisions about the treatment of diabetes
  - C. With medical direction and defined protocols, nurses cannot make clinical management decisions about the treatment of diabetes
  - D. None of the above
- 

**25. Which of the following individuals should be the central member of any diabetes treatment team?**

- A. Primary Care Physician
  - B. Nurse
  - C. Patient
  - D. Podiatrist
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