Care CEUs

Texas Human Trafficking Prevention

1. Within the context of human trafficking, confiscating a person's passport or other identity documents is an example of which element?

A. Force
B. Fraud
C. Grooming
D. Coercion

---

2. Which statement about human trafficking and borders is accurate?

A. Neither U.S. law nor international law requires movement across a border for trafficking to occur
B. Federal law requires that the victim be moved across state lines
C. Trafficking requires that the victim cross an international border
D. Movement across a border is required only in cases of labor trafficking

---

3. Which statement correctly distinguishes human smuggling from human trafficking?

A. Smuggling involves force, fraud, or coercion, while trafficking involves the individual's consent
B. Smuggling and trafficking are the same crime under federal law
C. Smuggling is a crime committed against a country and its borders, while trafficking is a crime committed against an individual
D. Trafficking always involves the illegal transport of a person across a national border

---

4. A 16-year-old patient says she agreed to exchange sex for money. How does the course address her consent?

A. Her initial consent makes the situation consensual commercial sex
B. A child's consent is never relevant because a child cannot legally consent to commercial sex
C. Her consent is relevant unless force was used
D. Consent is considered relevant for minors aged 16 and older

---

5. A trafficker spends months establishing a relationship and trust with a teenager before exploiting her. What is this process called?

A. Grooming
B. Soliciting
C. Trauma bonding

D. Peonage

---

6. The Trafficking Victims Protection Act of 2000 (TVPA) addresses trafficking in persons in which three areas?

A. Prevention, reporting, and rehabilitation
B. Identification, intervention, and incarceration
C. Protection, prevention, and prosecution
D. Protection, restitution, and reintegration

---

7. Why might a victim of sex trafficking present with injuries such as scars concentrated on the lower back?

A. Lower back injuries most often result from heavy lifting during forced labor
B. Restraint marks most commonly appear on the lower back
C. The lower back is the most common site of self-inflicted injury
D. Victims in the sex industry are often beaten in areas that will not damage their outward appearance

---

8. Which of the following is listed in the course as a mental health condition associated with human trafficking?

A. Attention-deficit/hyperactivity disorder (ADHD)
B. Obsessive-compulsive disorder (OCD)
C. Bipolar I disorder
D. Autism spectrum disorder

---

9. In which clinical setting are trafficked individuals most often encountered?

A. Emergency departments
B. Primary care offices
C. Reproductive health clinics
D. Mental health facilities

---

10. In the case study, which finding about Heather is listed in the course as a potential indicator of human trafficking?

A. Her age of 19 years
B. Reporting stomach pain during the exam
C. Seeking care at a health care facility
D. A tattoo that may indicate “ownership” by another individual

---

11. A patient defends the person who is exploiting her and describes a deep emotional attachment to him. Which barrier to identification and disclosure does this describe?

A. Shame
B. Helplessness
C. Trauma bonding
D. Fear of deportation

---

12. Which approach to language does the course recommend when communicating with a potentially trafficked individual?

A. Avoid crime-specific language, such as the term “human trafficking”
B. Use the term “human trafficking” early so the patient understands the concern
C. Use precise medical terminology to convey professionalism
D. Use legal terms such as “alien” to clarify immigration status

---

13. Which practice reflects the course’s recommendations for working with a professional interpreter?

A. Address introductions to the interpreter so the interpreter can relay them
B. Face and speak directly to the patient, and use the first person
C. Use a family member who already knows the patient’s history
D. Ask the interpreter to summarize several sentences at a time

---

14. What is the central focus of trauma-informed care?

A. Diagnosing trauma-related conditions as early as possible
B. Gathering evidence that can be shared with law enforcement
C. Avoiding questions about past events so the patient is not upset
D. What happened to the patient, rather than what is wrong with the patient

---

15. A patient’s companion insists on staying in the exam room, and the health care professional suspects trafficking. What does the course recommend?

A. Allow the companion to stay to avoid escalating the situation
B. Ask the companion directly whether the patient is being trafficked
C. Attempt to speak with the patient privately, using organizational protocols to discreetly separate the patient from the companion
D. Postpone screening until the patient returns alone for a future visit

---

16. Which statement reflects the course’s guidance on documenting suspected cases of human trafficking?

A. Suspicions should not be documented, to protect the patient’s privacy

B. Documentation should be objective, accurate, and free of subjective judgment, bias, or opinion
C. Documentation should include the provider's personal impressions of the patient
D. Documentation should be limited to physical injuries

---

17. What are the three key elements of human trafficking intervention and response?

A. Observe, ask, and respond
B. Identify, report, and refer
C. Screen, treat, and document
D. Assess, protect, and prosecute

---

18. A Texas nurse suspects that a 15-year-old patient is being sex trafficked. What does Texas law require?

A. The nurse must report to DFPS or law enforcement within 48 hours
B. The nurse may ask a supervisor to make the report on the nurse's behalf
C. The nurse must personally report to DFPS or law enforcement within 24 hours
D. The nurse should report only with the patient's consent

---

19. A Texas nurse suspects that a 72-year-old patient is being financially exploited. Which statement about reporting is accurate?

A. Reporting is optional for adults unless the patient consents
B. The report may be made anonymously to DFPS
C. Only exploitation occurring in a licensed facility must be reported
D. The nurse has a legal obligation to report, and the report to DFPS must include the reporter's name and phone number

---

20. What is the phone number for the National Human Trafficking Hotline?

A. 1-800-252-5400
B. 1-888-373-7888
C. 1-800-458-9858
D. 1-844-643-2251

Copyright © 2026 Care CEUs

Visit us at https://www.careceus.com