

Care CEUs

The Ethical Principles of Administering Health Care to the Elderly

1. Patient autonomy can refer to a patient's right to make his or her own decisions regarding personal health care.

- A. True
 - B. False
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2. A health care professional is asked to review potential health care interventions with a patient. How can the health care professional achieve respect for patient autonomy while reviewing the potential health care interventions with the patient?

- A. Outline the benefits of the potential health care interventions
 - B. Outline the risks of the potential health care interventions
 - C. Provide the patient with accurate, unbiased health care information
 - D. All of the above
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3. Which of the following statements regarding informed consent is most accurate?

- A. Informed consent can refer to the process health care professionals go through to inform patients about potential health care interventions
 - B. Informed consent can refer to the process health care professionals go through to inform patients about the potential benefits of a health care intervention, without referencing the risks.
 - C. The process of informed consent is used to help health care professionals make health care decisions for their patients.
 - D. None of the above
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4. Beneficence, as it relates to health care, refers to the act of doing what is best for a patient, with no consideration for a patient's pain, physical and/or mental suffering.

- A. True
 - B. False
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5. Which of the following statements regarding beneficence, as it relates to health care, is most accurate?

- A. A health care professional's personal agenda must come first when administering health care to patients.

- B. Pursuing health care education can help health care professionals uphold the ethical principle of beneficence.
 - C. The risks of a health care intervention should not be considered when administering health care to patients.
 - D. None of the above
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6. A 65 year-old male patient is admitted to a hospital unit. The patient begins bleeding profusely from an open cut. What precautions should the patient's nurse take when administering health care to the patient while he is bleeding?

- A. Treat the patient's blood as if it was infected with the human immunodeficiency virus (HIV)
 - B. Wear gloves
 - C. Wear a gown if necessary
 - D. All of the above
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7. Standard precautions offer techniques and practices to reduce the transmission risk of which of the following?

- A. Bloodborne pathogens
 - B. Airborne pathogens
 - C. Epidemiologically important pathogens
 - D. All of the above
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8. Nonmaleficence, as it relates to health care, can refer to inflicting the least amount of harm as possible on a patient to achieve a beneficial outcome.

- A. True
 - B. False
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9. A lack of understanding on how to properly use health care equipment can prevent a health care professional from achieving nonmaleficence, as it relates to health care.

- A. True
 - B. False
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10. Which of the following can help health care professionals achieve nonmaleficence when administering health care to patients?

- A. Utilizing proper techniques
 - B. Following hand hygiene procedures
 - C. Demonstrating proper cough etiquette
 - D. All of the above
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11. Which of the following statements regarding elder abuse is most accurate?

- A. Elder abuse can include physical abuse and sexual abuse.
 - B. Elder abuse does not include neglect.
 - C. Elder abuse does not include financial abuse.
 - D. Elder abuse does not often negatively impact the health of an elderly patient.
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12. Justice, as it relates to health care, can refer to the fair allocation of health care resources to patients.

- A. True
 - B. False
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13. Which of the following statements regarding justice is most accurate?

- A. Similar patients in similar situations do not have the same right to available health care resources.
 - B. Similar patients in similar situations have the same right to available health care resources.
 - C. All patients do not have the same rights to health care once they are administered into a health care setting.
 - D. Patients in the same health care setting have different rights to different levels of health care.
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14. Which of the following methods can guide health care professionals in fairly allocating health care resources?

- A. Triaging patients based on age
 - B. Triaging patients based on clinical urgency
 - C. Both A and B
 - D. None of the above
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15. The National Organ Transplant Act of 1984 was established to protect patient health information.

- A. True
 - B. False
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16. A nurse is asked to inform a patient about a health care intervention. The nurse gives his personal opinion to the patient and aggressively instructs the patient to accept the health care intervention as soon as possible. The patient becomes frightened and agrees to accept the health care intervention. Which of the following statements regarding the previous example is most accurate?

- A. The nurse did not respect patient autonomy

- B. The nurse did achieve nonmaleficence, as it relates to health care
 - C. The nurse did uphold justice, as it relates to health care
 - D. None of the above
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17. A 69 year-old female patient is admitted to a hospital unit. The patient's friend visits the patient and requests the patient's health information. The patient's nurse provides the patient's friend with the patient's health information without consulting the patient. Which of the following statements regarding the previous example is most accurate?

- A. The nurse did not respect patient autonomy
 - B. The nurse achieved nonmaleficence, as it relates to health care
 - C. The nurse did uphold justice, as it relates to health care
 - D. None of the above
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18. A nurse is administering health care to three patients. The nurse does not wash her hands between caring for each patient. It can be said that the nurse violated which of the following ethical principles of health care?

- A. Respect for patient autonomy
 - B. Beneficence
 - C. Nonmaleficence
 - D. Both B and C
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19. A nurse is administering health care in a nursing home and is caring for five patients. One of the patients is her friend. The nurse allocates her time evenly among all of her patients. Which of the following ethical principles of health care best accounts for the nurse's actions?

- A. Respect for patient autonomy
 - B. Nonmaleficence
 - C. Justice
 - D. None of the above
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20. A nurse reviews a 72 year-old patient's medication profile. The nurse observes that the patient is on two medications which interact with each other. The nurse informs the patient's physician of the potential drug-drug interaction. Which of the following ethical principles of health care best accounts for the nurse's actions?

- A. Respect for patient autonomy
 - B. Nonmaleficence
 - C. Justice
 - D. None of the above
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