

Care CEUs

The Future of Care: Leveraging A.I. in Senior Living

1. Which core AI concept is designed to perform a specific set of tasks, and is exemplified by tools like email spam filters or virtual assistants like Siri?

- A. Artificial General Intelligence (AGI)
 - B. Deep Learning
 - C. Narrow AI
 - D. Machine Learning
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2. In the scenario where AI predicted Mrs. Johnson's respiratory distress by analyzing patterns, what AI capability was primarily responsible for this proactive intervention?

- A. Generative AI
 - B. Natural Language Processing (NLP)
 - C. Robotics
 - D. Deep Learning
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3. Which is a key ethical consideration when implementing AI in long-term care, especially regarding maintaining a human-centered approach?

- A. Algorithmic Bias
 - B. Cost Reduction
 - C. Enhanced Workflow Efficiency
 - D. Personalized Care Plans
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4. What benefit does AI-driven predictive analytics offer in the context of dietary operations within senior care facilities?

- A. Elimination of Manual Cooking Processes
 - B. Foreseeing Nutritional Risks and Adjusting Meal Plans Proactively
 - C. Creating Unique Personal Care Plans
 - D. Establishing Privacy Protocols
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5. In the context of integrating AI into senior care, what is an expected outcome of automating routine documentation tasks?

- A. Increased Nurse Burnout
 - B. Enhanced Privacy Concerns
 - C. Reduced Patient Interaction
 - D. Increased Direct Care with Residents
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6. What is a fundamental advantage of integrating AI in dietary departments in long-term care facilities?

- A. AI completely replaces human judgment in meal planning for operational improvement.
 - B. AI serves as a supportive tool that enhances human expertise in managing meal planning.
 - C. AI is used to monitor every aspect of dietary operations comprehensively and independently.
 - D. AI eliminates the need for staff interaction with residents by automating nutritional tracking.
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7. How does AI contribute to optimizing staff schedules in long-term care settings?

- A. AI calculates staff schedules solely based on staff availability.
 - B. AI schedules are created to replace supervisory roles in staff coordination entirely.
 - C. AI identifies required certifications and adjusts schedules based on predictions of resident needs.
 - D. AI uses historical data to adjust schedules mainly for administrative convenience.
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8. In what way does AI enhance safety in long-term care facilities?

- A. AI is used to identify falls and unusual patterns, alerting staff in real time.
 - B. AI autonomously initiates emergency protocols without human oversight.
 - C. AI independently handles crisis intervention without requiring staff confirmation.
 - D. AI replaces human decision-making in all safety procedures.
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9. Which of the following ethical considerations is crucial when implementing AI in long-term care?

- A. Ensuring that AI algorithms do not require validation checks.
 - B. Guaranteeing transparency and accountability for AI decisions.
 - C. Relying solely on an inclusive dataset for training AI systems.
 - D. Prioritizing technological advancements over resident privacy rights.
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10. How are AI-powered predictive analytics used in Performance Improvement Plans (PIPs) within QAPI programs?

- A. They enable retrospective analysis of successful project outcomes.
 - B. They are used to predict long-term staff training needs exclusively.
 - C. They facilitate proactive risk management by anticipating potential areas of clinical improvement.
 - D. They establish universal standards without considering facility-specific data.
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11. Which of the following best describes the role of AI in streamlining Performance Improvement Projects (PIPs) in long-term care settings?

- A. AI can independently identify and solve all issues within a facility.

- B. AI can quickly analyze datasets to identify high-risk areas that warrant a PIP.
 - C. AI can completely eliminate the need for human insight in decision-making processes.
 - D. AI can only provide feedback after interventions have been completed.
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12. What is one of the primary benefits of AI in optimizing resident safety and quality of life?

- A. AI can detect changes in resident behavior without the need for monitoring equipment.
 - B. AI can automatically administer medication without human intervention.
 - C. AI eliminates the need for personalized care planning by providing generic solutions.
 - D. AI-powered systems can predict and prevent falls by detecting changes in gait or activity patterns.
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13. How does AI assist in the comprehensive care plan development process?

- A. AI completes all necessary assessments without human input to ensure timely care planning.
 - B. AI solely drafts care plans, leaving assessment to be conducted manually by staff.
 - C. AI suggests measurable goals and evidence-based interventions based on resident's assessed needs.
 - D. AI replaces the need for interdisciplinary team involvement in care planning.
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14. In addressing ethical considerations with AI adoption in long-term care, which challenge is primarily mitigated through AI?

- A. Ensuring the AI fully replaces the human-technology balance in care settings.
 - B. Implementing safety measures for HIPAA compliance and privacy concerns.
 - C. Relying solely on AI to address all resident conflicts and needs.
 - D. Using AI to obscure algorithmic bias in care assessments.
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15. What process, involving AI, allows staff to prepare confidently for surprise health inspections?

- A. Relying solely on past survey results without additional preparation.
 - B. Using AI to verify only the most obvious regulatory requirements in short notice.
 - C. Interacting with AI to rehearse policies and procedures, ensuring every detail is covered.
 - D. Neglecting technology and focusing entirely on conventional preparation methods.
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16. Which of the following best describes the role of AI in enhancing care coordination and efficiency in long-term care facilities?

- A. AI assists staff by organizing tasks and improving information flow.
 - B. AI performs all administrative tasks autonomously.
 - C. AI replaces the need for any human supervision or intervention.
 - D. AI functions solely as a monitoring tool without direct impact on care coordination.
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17. What potential ethical challenge is associated with using AI for predictive analytics in healthcare?

- A. Complete elimination of human error.
 - B. Over-reliance on AI leading to deskilling of staff.
 - C. Replacement of all human decision-making processes.
 - D. Integral involvement leading to constant supervision by staff.
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18. In the context of AI solutions for long-term care, which of the following impacts was NOT highlighted in the Japanese case study?

- A. Reduction in staff turnover rates.
 - B. Enhancements in care quality and efficiency.
 - C. Improvement in resident safety through monitoring systems.
 - D. Decrease in resident capacity due to AI implementation.
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19. How does the 'Clinical Insight Engine' (CIE) contribute to improved clinical care at Harmony Haven?

- A. It automates all resident interactions without need for clinical staff.
 - B. It provides predictive analytics and assists with early detection of health issues.
 - C. It prioritizes clinical tasks to automatically replace routine care procedures.
 - D. It monitors staff efficiency and bypasses EHR integration.
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20. Which statement best reflects the balance AI aims to achieve in long-term care settings?

- A. AI enhances staff capabilities by managing routine tasks, fostering personalized care.
 - B. AI should replace human staff to optimize operational efficiency.
 - C. AI focuses on data analysis but lacks practical application in care settings.
 - D. AI solely manages patient interactions to eliminate staff responsibilities.
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