

# Care CEUs

## The Impact of Preterm Birth

**1. Which of the following statements best describes a very preterm birth?**

- A. The birth of a live baby that is born at or before 25 weeks of pregnancy.
  - B. The birth of a live baby that is born at less than 32 weeks of pregnancy.
  - C. The birth of a live baby that is born between 32 and 34 weeks of pregnancy.
  - D. The birth of a live baby that is born between 34 and 36 completed weeks of pregnancy.
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**2. A 30-year-old new mother has questions regarding retinopathy of prematurity. Which of the following educational points should be expressed to the patient?**

- A. Retinopathy of prematurity only affects male preterm babies.
  - B. Retinopathy of prematurity does not usually affect both eyes.
  - C. White pupils may be a sign/symptom of retinopathy of prematurity.
  - D. Stage 1 retinopathy of prematurity is the most severe stage of retinopathy of prematurity.
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**3. A health care professional has questions regarding screening babies for hearing loss. Which of the following informational points of interest should be communicated to the health care professional?**

- A. All babies should have a hearing screening no later than one month of age.
  - B. All preterm babies should have a hearing screening no later than two months of age.
  - C. All babies should have a hearing screening no later than four months of age.
  - D. All preterm babies should have a hearing screening no later than four months of age.
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**4. According to the course, what is the main sign that a child may have cerebral palsy?**

- A. An individual does not respond to his or her name by 12 months of age.
  - B. A delay reaching motor or movement milestones.
  - C. Excessive weight gain
  - D. Weight loss
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**5. Which of the following best represents an unusual behavior symptom associated with ASD?**

- A. An individual often appears to "tune out" other individuals.
  - B. An individual avoids eye-contact.
  - C. An individual often reverses pronouns.
  - D. An individual has obsessive interests.
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**6. A 28-year-old new mother has questions regarding postpartum depression. Which of the following educational points should be expressed to the patient?**

- A. Postpartum depression does not typically affect women over the age 18.
  - B. Postpartum depression does not typically affect women over the age of 25.
  - C. Having trouble bonding or forming an emotional attachment with an infant is often a sign/symptom of postpartum depression.
  - D. Nocturnal enuresis is often a sign/symptom of postpartum depression.
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**7. Which of the following statements is most accurate?**

- A. Heavy drinking is defined as 15 or more drinks a week for men.
  - B. Heavy drinking is defined as 18 or more drinks a week for men.
  - C. Heavy drinking is defined as 10 or more drinks a week for women.
  - D. Heavy drinking is defined as 12 or more drinks a week for women.
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**8. A 40-year-old male is admitted into a health care facility. The patient informs a health care professional that he is the father of a newborn preterm baby. The patient also informs a health care professional that he is having thoughts of suicide. According to the course, how should health care professionals reduce the risk for patient suicide?**

- A. Confine the patient to his bed at all times.
  - B. Conduct an environmental risk assessment that identifies features in the physical environment that could be used to attempt suicide.
  - C. Avoid one-to-one monitoring.
  - D. Avoid group treatment options.
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**9. New parents have questions regarding breast milk storage. Which of the following educational points should be expressed to the new parents?**

- A. Freshly expressed breast milk may be stored in the refrigerator for up to four days.
  - B. Freshly expressed breast milk may be stored in the refrigerator for up to six days.
  - C. Freshly expressed breast milk may be stored in the refrigerator for up to seven days.
  - D. Freshly expressed breast milk may be stored in the refrigerator for up to eight days.
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**10. A new mother is breastfeeding her preterm baby. According to the course, how much vitamin D should the baby receive per day?**

- A. 200 IU per day
  - B. 400 IU per day
  - C. 1200 IU per day
  - D. 1800 IU per day
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