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### ***What is a typical starting dose of Concerta for children and adolescents?***

A typical starting dose of Concerta for children and adolescents is 18 mg once daily.

## **Conclusion**

ADHD may refer to a type of brain disorder which is marked by an ongoing pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development. Symptoms of ADHD may include the following: an inability to give close attention to details, an inability to focus, excessive talking, and restlessness. Individuals suffering from ADHD may present in a variety of different states such as: the predominantly inattentive presentation state, the predominantly hyperactivity-impulsive presentation state, and the combined presentation state. ADHD is typically diagnosed by a physician using criteria outlined in the DSM-5. Non-pharmacological treatment options for ADHD include: psychotherapy, cognitive behavioral therapy, social skills training, support groups, routine exercise, and establishing sleep routines. Pharmacological treatment options for ADHD include the following medications: Ritalin, Adderall XR, Concerta, lisdexamfetamine dimesylate (Vyvanse), and atomoxetine (Strattera). Health care professionals should possess insight into ADHD as well as ADHD treatment options to best serve patients suffering from ADHD.

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